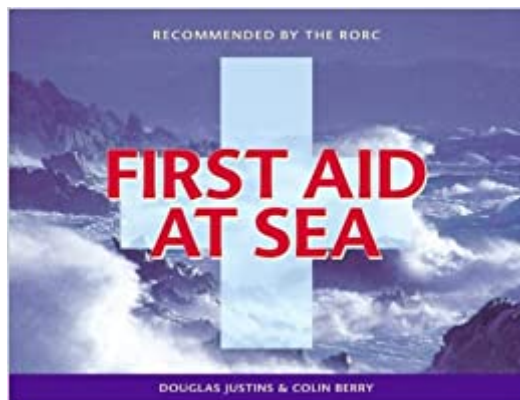


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# First Aid At Sea



## Synopsis

First Aid at Sea provides an easy-to-access instant guide to emergency first aid for all seafarers: Colour coded thumb index of emergencies for quick reference. Concise descriptions of medical conditions with prioritised list of treatments. Ringbinding and waterproof pages to withstand use at sea Color illustrations throughout"Everything a seagoing First Aid book should be: easy to use, well illustrated and free from unnecessary jargon" -Yachts and Yachting"A worthwhile investment for anyone going to sea" -Flying Fish"A 'quick-fix' guide which could be invaluable in an emergency" -Yachting World

## Book Information

Spiral-bound: 26 pages

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Product Dimensions: 0.5 x 7.5 x 9.5 inches

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Average Customer Review: 3.3 out of 5 stars 5 customer reviews

Best Sellers Rank: #1,257,226 in Books (See Top 100 in Books) #87 in Books > Sports & Outdoors > Outdoor Recreation > Sailing > Instructional #1082 in Books > Medical Books > Medicine > Internal Medicine > Emergency #3359 in Books > Sports & Outdoors > Water Sports

## Customer Reviews

A 'quick-fix' guide which could be invaluable in an emergency -- Yachting WorldA worthwhile investment for anyone going to sea -- Flying FishEverything a seagoing First Aid book should be: easy to use, well illustrated and free from unnecessary jargon -- Yachts and Yachting

Douglas Justins (MB BS FRCA) studied medicine in Australia and became a general practitioner in the Outback. He sailed in the 1975 Financial Times Clipper Race, then in the 1979 Fastnet and in the Three Peaks Race with co-author Colin Berry. He works as an anaesthetist at St Thomas' Hospital in London. Colin Berry (MB BS FRCA) qualified as a doctor in 1984. He completed his first circumnavigation in 1982 and his second in 1990, both times as crew member and medic aboard Whitbread Round the World yachts. He is now an anaesthetist in Exeter and sails regularly in his own boat. --This text refers to an out of print or unavailable edition of this title.

This is an excellent First Aid spiral-bound large-format leaflet for serious injuries. For one thing, it helps distinguish what are really serious injuries. Being written for "At Sea", it assumes the caregiver doesn't have immediate access to medical support personnel - and says when you absolutely must get help as soon as possible. Most First Aid manuals are too long, and the type is too small, to be used in a real emergency. This is a good attempt at creating something that can be used as a medical emergency guide when a medical emergency occurs.

This book is good for non medical people who may have first contact with the ill or injured and further aid is hours away.

Isn't made for the damp/wet environment of a boat. So unless you want to "study" at home, it's just not "marine" friendly.

The concise directions and illustrations make this easy to use in difficult situations. Should be on all vessels

First Aid at Sea is much too basic for my needs to be used on long ocean passages away from professional medical help. Some is good for quick reference during minor issues.

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